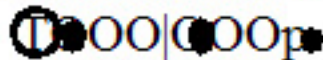


# Beginning Band Lesson 1

## WHOLE NOTES and WHOLE RESTS

FIRST NOTE! Bb Fingering - 

arr. J. Wilkas

FLUTE

1



toe tapping - 1234

1234

1234

1234

TREBLE CLEF  
- for high  
instruments

This is a **WHOLE NOTE**. It gets 4 counts, or taps of your toe as you play it.

This is a **WHOLE REST**. It is **SILENT** for 4 counts, or taps of your toe.

**DOUBLE BAR LINE** means the **END!**

2



Play the **WHOLE NOTES**

Rest on **WHOLE RESTS**

## HALF NOTES and HALF RESTS

3



tap - 1234

12

34

1234

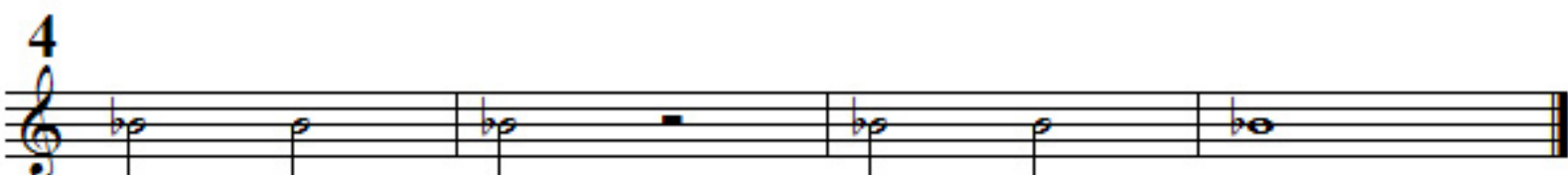
12

34

This is a **HALF NOTE**. It gets 2 counts, or taps of your toe.

This is a **HALF REST**. It is **SILENT** for 2 counts or taps of your toe.

4



Play **HALF NOTES**

Rest on **HALF RESTS**